

Bereavement

Bereaved Families of Ontario905-848-4337
Threads of Life 1-888-567-9490
Living with Loss.....905-574-5070
Heartache 2 Hope 905-599-HOPE(4673)

Counselling

THRIVE Counselling (Oakville).....905-845-3811
THRIVE Counselling (Burlington).....905-637-5256
Sexual Assault & Violence Intervention Services (SAVIS)..
.....905-875-1555
Nina's Place Sexual Assault & Domestic
Assault Centre905-632-3737

Help Lines

Muslim Youth Helpline..... 1-866-627-3342
LGBT Youth Line 1-800-268-9688
Victim Support Line 1-888-579-2888
Fem'Aide 1-877-336-2433
Distress Centre 905-849-4541 (Oakville)
Distress Centre 905-877-1211 (North Halton)
Halton Women's Place North905-878-8555
Halton Women's Place South905-332-7892
Ontario Caregiver Hotline 1-833-416-2273

Kids

Kid's Help Line 1-800-668-6868
Reach Out Centre for Kids905-634-2347

Seniors

Community Care Access Centre
.....905-639-5228 (Burlington)
.....905-855-9090 (North Halton)
Seniors Helpline 1-866-457-8252

Legal

Criminal Injuries Compensation Board
..... 1-800-372-7463
Legal Aid..... 1-800-668-8258
Lawyer Referral Service..... 1-800-268-8326
Victim Witness Assistance Program
.....905-878-6292
Family Responsibility Office..... 1-800-267-7263

Mental Health

Crisis Outreach & Support Team (COAST).....
..... 1-877-825-9011
Canadian Mental Health Association (CMHA)
..... 1-833-456-4566

Multicultural

Halton Multicultural Centre
..... 905-842-2486 (Oakville)
.....905-257-1555 (North Oakville)
.....905-631-1048 (Burlington)
.....905-864-6565 (Milton)

For more information contact:

Halton Regional Police Service
Victim Services Unit
905-825-4777 Ext. 5239
www.haltonpolice.ca



SOLVE CRIMES ANONYMOUSLY: CRIME STOPPERS OF HALTON
1-800-222-TIPS (8477)



Halton Regional Police Service
Victim Services Unit
One Vision, One Mission, One Team

VICTIM SERVICES UNIT



One Vision, One Mission, One Team

Who we are and What we do

The Victim Services Unit responds 24 hours a day, 7 days a week to victimized persons in the region of Halton. There is no standard time that a person may suffer the effects of trauma and some require more support than others. Recognizing that family and friends are well meaning and can provide support, they too may be impacted by the incident and experience similar reactions. The earlier the intervention is activated the greater the opportunity for healing.

Volunteer Program



Lives can be forever changed by crime and tragedy. Victim services volunteers foster hope and help create opportunities for healing through their skilled and compassionate response. Delivering service around the clock whether on scene or over the phone volunteers are recruited from all walks of life representing

diversity, dignity and confidentiality. If you would like to give back to your community by effecting positive change in the lives of others, consider becoming a volunteer with the Halton Regional Police Victim Services Unit. Recruitment begins in June and training begins in January.

Crisis Responder Program

Specially trained staff and volunteers work with police around the clock to provide on scene and over the phone assistance to individuals, families and organizations through crisis intervention, emotional support and practical assistance. Acting as a "gateway to the community" the Victim Services Unit creates connections to community resources that help empower those most vulnerable to make well informed choices.



Victim Quick Response Program+



The VQRP+ is a Ministry of the Attorney General program delivered by the Victim Services Unit. This program provides quick limited financial assistance to victims of Attempt Murder, Child Abuse, Criminal Harassment, Elder Abuse, Hate Crime, Historical Sexual Abuse, Homicide, Human Trafficking, Intimate Partner Violence and Sexual Assault/Abuse in the immediate aftermath of a crime. Eligible victims can receive limited financial assistance for funeral expenses, emergency expenses, crime scene clean-up and short-term early intervention counselling.

Vulnerable Persons Registry

The Vulnerable Persons Registry is a voluntary service offered throughout the Halton Region that allows a family member and/or caregiver of a vulnerable person to submit critical information to Halton Regional Police Service that may be used during an emergency situation. Vulnerable Persons include but are not limited to those with Alzheimer's disease, Autism Spectrum Disorder and/or an Acquired Brain Injury.



Project Lifesaver



Radio frequency signaling devices to aid in the search for, and rescue of, lost persons who suffer from a diminished mental capacity or an inability to communicate.

Facility Dog

Recognizing that every person experiences the impact of trauma in a unique way, each individual has the right to a response that is effective, caring, skilled, inclusive, and

supportive in a non-judgmental, safe, and secure environment.

Journey is an accredited Facility Dog through the Lions Foundation of Canada Dog Guides that is a member of the Victim Services Unit.



Intimate Partner Violence

The Victim Services Unit has two staff members that provide outreach to all victims of intimate partner violence whether or not charges have been laid. These staff act as a connector to appropriate support services in the community, assist with safety planning and victim care to create awareness and foster prevention.

Physical/Psychological Trauma

The impact of trauma may not be felt right away and may present as symptoms weeks later.

Some of the more common reactions to trauma can include but are not limited to:

Emotional/Psychological:

- Shock, denial, or disbelief
- Anger or irritability
- Shame or self-blame
- Feeling sad or hopeless
- Changes in appetite/sleep patterns
- Confusion, difficulty concentrating
- Anxiety or fear
- Withdrawing from others
- Feeling numb

Physical:

- Insomnia/nightmares/flashbacks
- Hyper sensitive/vigilant to surroundings
- Fatigue/weakness
- Nausea/headaches
- Racing heartbeat
- Muscle tension

If you or a family member is a victim of crime and/or trauma and you need assistance with community resources, please call us at 905-825-4777 Ext. 5239 or email us at victimservices@haltonpolice.ca.