



## Substance Use - Community Resources



### You are not alone. Support is available.

Halton Alcohol, Drug & Gambling Assessment  
Prevention and Treatment Service (ADAPT)  
905-847-6547 [www.haltonadapt.org](http://www.haltonadapt.org)

Elizabeth Fry Society Peel-Halton  
905-459-1315 [www.efrypeelhalton.ca](http://www.efrypeelhalton.ca)

Halton Healthcare Service Mental Health Program  
905-845-2571 [www.haltonhealthcare.on.ca](http://www.haltonhealthcare.on.ca)

Community Outreach and Support Team (COAST)  
1-877-825-9011

Oakville Distress Centre  
905-849-4541 [www.dchalton.ca](http://www.dchalton.ca)

Distress Centre North Halton  
905-877-1211

Centre for Addiction and Mental Health CAMH  
1-800-463-2338 [www.camh.ca](http://www.camh.ca)

Homewood Health Center  
1-866-585-0445 [www.homewoodhealth.com](http://www.homewoodhealth.com)

Alcoholics Anonymous Halton  
905-845-5900 <https://aahalton.org/>

Narcotics Anonymous Halton  
1-888-811-3887 [www.haltonpeelna.org](http://www.haltonpeelna.org)

Halton & Mississauga Rapid Access Addiction  
Medicine (RAAM) Clinic  
1-888-388-RAAM (7226) <https://hmraam.ca/>

OneLink (Centralized Referral for Addiction &  
Mental Health Services)  
1-844-216-7411 <https://one-link.ca/>

Salvation Army Lighthouse Emergency Shelter  
905-339-2918

***Our officers carry naloxone.***

***If you are experiencing or witness an  
overdose, call 9-1-1. You could save your life  
or that of someone else.***